

PANJAB UNIVERSITY, CHANDIGARH

Date-sheet for **B.ED. (Yoga) - 2nd & 4th Semester (Regular/Reappear)**
Examination to be held in **May - 2026**

(THEORY EXAMINATIONS)

DATE & DAY	PAPER	SUBJECT/CODE .NO.
2nd Semester (Exam Code: 1105)		
TIME OF EXAMINATIONS: 9.30 a.m. to 12.30 p.m.		
<u>MAY - 2026</u>		
18 th Monday	CC-201	Philosophical Perspectives of Yoga and Education (45160)
20 th Wednesday	CC-202	Anatomy, Physiology and Yogic Practices (45161)
22 nd Friday	CC-203	Applied Kinesiology & Yoga Therapy (45162)
25 th Monday	CC-204	Foundation of Yogic Traditions & Yogic Text (45163)
28 th Thursday	CC-205	Pedagogy of Teaching of Yoga (45164)
30 th Saturday	CC-206	Option (i): Pedagogy of English (45165) Option (ii): Pedagogy of Hindi (45166) Option (iii): Pedagogy of Sanskrit (45167) Option (iv): Pedagogy of Punjabi (45168)
4th Semester (Exam Code: 1106)		
TIME OF EXAMINATIONS: 2.00 p.m. to 5.00 p.m.		
<u>MAY - 2026</u>		
19 th Tuesday	CC-401	Philosophical Perspectives of Yoga and Self (45169)
21 st Thursday	CC-402	Yoga Psychology and Value Education (45170)
23 rd Saturday	CC-403	School Management (45171)
26 th Tuesday	CC-404	ICT, Skill Development & Current Yogic Research (45172)
29 th Friday	CC-405	a) Guidance & Counselling (45173) b) Health & Physical Education (45174)

Note:-

- The candidates are not permitted to carry any communication equipment such as mobile phone/pager, wireless set, scanner pen scanner/camera or any such electronic/digital gadget etc. inside the examination hall which is punishable with disqualification for period of two years with the subsequent examination.
- Candidates can use coloured pencils for diagrams in science subjects.
- In case of internal clash (clash of one paper with any other paper in the date sheet of Panjab University)/NCC/NSS, candidate has to apply along with the clash performa (<https://exams.puchd.ac.in/includes/noticeboard/2026/20260406115746-clashperformaforinternalclash.pdf?2026>) either by hand or by email datesheet@pu.ac.in within 10 days of examination. No application will be entertained without performa. For detailed information please contact 0172-2534810/2541303/2534812
- In case of clash with other university exam/competitive exam or any other valid reason (subject to approval of eligibility by examination branch) or in medical case the candidate has to send his/her email along with admit card, medical performa and other relevant proofs (<https://exams.puchd.ac.in/includes/noticeboard/2025/20251031175404-circularsandofmedicalform.pdf?2025>) in medical case issue to drexams@pu.ac.in
- Regarding conduct of special exams under sports/medical/left out categories, guidelines of notification No. 7779-82/DRE dated 22.11.2023 and circular No. 4285-88/DRE dated 11.07.2024 and medical form available at the link <https://exams.puchd.ac.in/includes/noticeboard/2025/20251031175404-circularsandofmedicalform.pdf?2025> may be followed.
- Regarding Guideline of clarification of exam fee from Medical /Left out students. <https://exams.puchd.ac.in/includes/noticeboard/2026/20260407120622-a.pdf?2026>
- Candidates are advised to be in touch with the official website of Panjab University for notifications regarding change/correction (if any) in the date sheet till the conclusion of the examinations.