

PANJAB UNIVERSITY, CHANDIGARH

Date-sheet for **M.A. (Yoga) - 1ST & 3rd SEMESTER (Regular)**
Examination to be held in *December – 2023*

(THEORY EXAMINATIONS)

DATE & DAY	PAPER	SUBJECT/CODE. NO.
1st Semester Time of Examinations: 1.30 p.m. - 4.30 p.m.		
<u>DECEMBER – 2023</u>		
23th, Saturday	MAY – 101	Foundation of Yoga (2201)
26 th , Tuesday	MAY – 102	Hatha Yoga Texts – I (2202)
28 th , Thursday	MAY – 103	Human Anatomy and Physiology (2203)
30 th , Saturday	MAY – 104	Research Methodology & Statistics (2204)
3rd Semester Time of Examinations: 9.30 a.m. - 12.30 p.m.		
<u>DECEMBER – 2023</u>		
23th, Saturday	MAY – 301	Major Upanishad and Bhagawad Geeta (2210)
26 th , Tuesday	MAY – 302	Yoga Therapy Management (2211)
28 th , Thursday	MAY – 303	Principles of Naturopathy (2212)
30 th , Saturday	MAY – 304A	Yogic Psychology (2213)
	MAY – 304B	Diet and Nutrition (2214)

NOTE: THE CANDIDATES ARE NOT PERMITTED TO CARRY ANY COMMUNICATION EQUIPMENT SUCH AS MOBILE PHONE/PAGER, WIRELESS SET, SCANNER PEN SCANNER/CAMERA OR ANY SUCH ELECTRONIC/DIGITAL GADGET ETC. INSIDE THE EXAMINATION HALL WHICH IS PUNISHABLE WITH DISQUALIFICATION FOR PERIOD OF TWO YEARS WITH THE SUBSEQUENT EXAMINATION.

CENTER OF EXAMINATION		
1.	Chandigarh-66	Govt. College of Education, Sector-20